

HØGSKOLEN I OSLO DG AKERSHUS En introduktion till det molära paradigmet – ett nytt sätt att uppfatta beteende?

#### Introduction to the Molar Paradigm – A New Understanding of Behavior?

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#### **Science of Behavior**



-lawful relations between environmental events & behavioral events (data) ?

Effective stimuli

Point of light on the retina Algebra problem Muscle twitch

Meaningful responses

Solution

Size of the units? Rather large (molar) units? Or *discrete* (molecular) building blocks?



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A-B-C but what are they?		
Response Stimulus Consequence	Activity Context Inducer	

How observer should classify environment (as stimuli) and behavior (as responses) depends on research question **Outline:** 

- Introduction
- Molar-molecular continuum
  Allocations
- Discreteness of events
- Molar/molecular data
- Contiguity/Contingency
- Behavior takes time
- Behavior is choice

- Private Events
- Phylogenetically Important **Events (PIEs)**
- Induction
- Conclusions



#### **Relativity of the Observational Dimension**





# **Discreteness of Events**

- Discrete event: Event that takes place within such a brief time span that the time during which it occurs is insignificant compared with the time between successive occurrences of the event
- Eye blink, lever press, pistol shot
- Discreteness can be convenient fiction
- How to deal with continuous events?
  - Measure time it takes (nest building etc.)
    - Most commonly continuous events are analyzed into discrete components (bike ride)









#### What Can Constitute a Fundamental **Psychological Unit?**

#### Molar

- -Behavior is sensible to molar aspects of the environment
- Rate of discrete events are the data, they do not have meaning at an instant of time
- -Discrete events are abstractions since: Truly momentary behavior does not exist
- -If fundamental units of learning can have duration in time, contingencies can be experienced directly without prior learning of contiguities (as gestalt psychologists said we experience music)



Molecular

- -Momentary events change an organism's state
- -Momentary events are the data
- Rates are abstractions
- -If basis of all learning is molecular learning happens based on contiguities



# What Can Constitute a Fundamental Psychological Unit?

They may do one thing at the present second (both stand still) but do another thing over the present year (one goes at twice the rate of the other). No problem.

> The locomotive's rate of 100,000 miles this year is no less real than its rate of 0 miles this second. It may be more real, in a sense, because it is more significant to the railroad than the rate this second.

This locomotive is going 100,000 miles per year at present. This one is only going 50,000 miles per year at present. But they are both standing still!

But the locomotives are *really* standing still whereas their differing rates over the year are "just" an abstraction.

Sometimes they go slow, sometimes fast, and sometimes they stand still like now.

#### Contiguity



- "To say that a reinforcement is contingent upon a response may mean nothing more than that it follows the response ... conditioning takes place presumably because of the temporal relation only, expressed in terms of the order and proximity of response and reinforcement." 'Superstition' in the Pigeon (p. 168) 1948
- "So far as the organism is concerned, the only important property of the contingency is temporal. The reinforcer simply follows the response... We must assume that the presentation of a reinforcer always reinforces something, since it necessarily coincides with some behavior" Science and Human Behavior (p. 85) 1953
- Most researchers agree



### **Mediating Events**



mediating events need
 to be postulated to
 hold up contiguity assumption

State inside organism caused by stimulus

**Tendency to respond** 

stimuli

response

Events inside the organism hypothesized by molecular psychologists to mediate between stimulus and response to bring them into temporal contiguity Molar: Rate of stimuli is causing rate of response



# Contingency, no contiguity

- Rescorla (1968; 1988) : contiguity alone cannot suffice to specify a contingency because
- Contingency requires a comparison between at least two different occasions (temporally separated)
- Contingency cannot be judged in an instant
- Alternative: contingencies link
- Contrary to "order and proximity," contingency: not a temporal relation
- Contingency links an environmental event to an activity and results in an increase or decrease in the activity
- Temporal relations are relevant in a different way, delays affect the clarity of a contingency and affect the variance in a correlation
- No need to invent hypothetical stimuli, responses etc





E1 Present E1 Absent

E2 Present

E2 Absent

Molar Approach to Building a Science of Behavior based on two main principles:

1. All Behavior Takes Time





#### 2. All Behavior is Choice



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### 1. Behavior Takes Time







- To be alive is to behave; living things are always behaving
- In an hour of observation, we observe an hour of behavior



#### **Behavior Necessarily Extended**



- What is he doing?
- Need to know before and after
- Measure extended activity (always)



#### Always



- What is the rat doing?
- Don't know
- Pressing, touching, exploring
- Until you see what comes next
- And what went before



### Activity (vs. momentary response)

- No such thing as "momentary behavior"
- Behavior is extended in time by nature
- How to identify an activity:
  - At a moment: maximum uncertainty
  - Larger time span  $\rightarrow$  less uncertainty





Reading – pretending,
 pressing – exploring



#### A Molar View of Private Events

- They are behavioral patterns
- Look at extended time
- Loving right now;
  going miles/year



- The temptation to posit private
  events arises when an activity is viewed in too small
  a time frame, obscuring what the activity does
- Answer to many philosophical questions about thinking, sensing, and feeling
- Avoidance
- Molarism: whole organisms



Molar Approach to Building a Science of Behavior based on two main principles:

1. All Behavior Takes Time.





2. All Behavior is Choice.



### 2. All Behavior Is Choice

- Ubiquity of choice
- Universal availability of multiple alternatives
- Other behavior is possible in the situation
- To behave is to spend time in various activities—to choose, to allocate time







#### **Interventions Change Allocation**

#### **Classroom** activity



# Nesting of Activities



- Extended activity; allocation among parts
- Parts are activities (less extended)
- Example: Love kiss





# **How to Explain Allocations?**

Phylogenetically Important Events (PIEs) affect fitness

(reproductive success)

- Health & Safety, Resources, Relationships, Reproduction
- Ex: Illness, food, approval, mate



















# Induction

- PIEs are "important" (effective) due to natural selection
- PIEs and PIE-related events induce PIE-related activities
- *Not* elicit (*no one*-to-*one* relation)

#### **Two functions of PIEs**

- 1. PIEs as inducers
- 2. PIEs enter into contingencies (as results)
  - Contingency: activities & events
  - Contingency selects behavior originally induced



# **Concl**usion

#### **The Molecular View...**

...assumes discrete responses, discrete stimuli, and contiguity between those events

...was designed to explain short-term, abrupt changes in behavior (as in cumulative records)

...does poorly when applied to temporally extended phenomena because its theories and explanations almost always resort to hypothetical constructs to deal with time spans

#### The Molar View...

... is about activities extended in time, extended contexts, and extended relations

...takes into account that behavior always takes time (no implausible abstraction of momentary responses)

... is more parsimonious than 2-factor theory (no hypothetical events)

...offers a plausible account of mentaland private-event terms (suggesting that those are induced by the individuals' observation of extended behavioral patterns)

...relates behavior analysis and evolutionary theory to each other

# **Conclusions Cont'd.**

"A job getting done"  $\rightarrow$  function (vs. structure) Molar behaviorism:

- Activities as parts; parts as activities
- Time allocation among parts
- PIEs function as inducers and as results
- Any specific molar or molecular theory may be invalidated by experimental test (not the paradigm; a new theory may always be invented within the paradigm)

Profes

sional

House-

holding

Personal

Friends

Healt

Reading

Medita-

tina

Cookina

Work or

Rreath

Chant

0 20 40 60

 The molar paradigm surpasses the molecular paradigm by producing theories and explanations that are more plausible and elegant





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